## Larch Hills Traverse (Annotated) Sept 12 08: West to East/Salmon Arm to Sicamous

WPT	Route Directions	UTM Zone 11 NAD 83	Elevation
001	South Canoe Trailhead (Metford FSRoad)	11 U 344351 5617966	561 m
002	Radio Tower Switchback	11 U 345741 5617444	810 m
003	Turn Left (Metford FSRoad)	11 U 346298 5617132	941 m
004	Straight ahead (New FSRoad on right)	11 U 346679 5617785	980 m
005	Junction with Raven's Ridge, stay straight on Metford Road (Alternate route: Raven's Ridge)	11 U 346851 5618215	996 m
006	Junction with Mushroom Fantasy, turn left onto Mushroom Fantasy here	11 U 347686 5620089	1098 m
007	Junction with Deadman's Drop, stay left on Mushroom Fantasy	11 U 348075 5620316	1126 m
800	Junction: turn right onto Ermine Frolic	11 U 348143 5620394	1072 m
009	Junction with Ermine Frolic loop, stay straight ahead	11 U 348590 5620214	1067 m
010	Junction with Reino's Run, turn left onto Reino's Run	11 U 348710 5620325	1069 m
011	Junction with Cottonwood Cutoff, stay straight ahead on Reino's Run	11 U 348939 5620807	1072 m
012	Junction with Cottonwood Cutoff loop, turn right to South Hub	11 U 349116 5621114	1083 m
013	South Hub: take main Larch Hills Road on left (heading Northeast)	11 U 349271 5621033	1070 m
014	Junction with Baby Moonwalk, stay left on main Larch Hills Road	11 U 350003 5622392	1119 m
015	Junction with Larch Lake Loop, turn right onto Larch Lake Loop	11 U 350143 5623103	1165 m
016	Junction with Panorama, stay left on Larch Lake Loop	11 U 350237 5623413	1176 m
017	Junction with Moonwalk on right (at left corner of Larch Lake Loop), take Moonwalk	11 U 350287 5624496	1179 m
018	Junction with Clearcut Connector on left/Moonwalk on right, take Clearcut Connector to left	11 U 350341 5624719	1182 m
019	Junction with Lunar Loop, stay on Clearcut Connector straight	11 U 349934 5624745	1198 m
020	Second junction with Lunar Loop, stay on Clearcut Connector straight ahead	11 U 349940 5624796	1203 m
021	Junction with Game Trail on right, take Game Trail	11 U 349946 5625986	1254 m
022	Junction with 110 Forestry Road, turn right onto FSRoad	11 U 350199 5626101	1240 m
023	Junction with North View Section (Devils Club Trail) on North side of road, turn left at trail sign post	11 U 350360 5626035	
024	deck over little stream	11 U 350698 5626226	1198 m
025	Super fun weave of trails through new cut block, but don't forget to stop and enjoy the spectacular views.	11 U 350905 5626362	1207 m
026	Stay straight. Trail follows old skid track along north edge of cut block.	11 U 351097 5626325	1233 m
027	Turn left at en route marker post. Trail begins to descend.	11 U 351270 5626380	1239 m
028	Turn right at en route marker post. Trail continues to descend.	11 U 351243 5626399	1240 m
029	The Grassy Knoll view point. Trail continues to the right heading downhill.	11 U 351263 5626439	1232 m
030	Trail enters trees via wooden deck	11 U 351607 5626585	1157 m
031	Trail emerges from trees and weaves down through new cut block.	11 U 351780 5626496	1109 m

032	Trail meets end of 109 FSRoad at Bog Lake Cut block trail post. Turn left on FSRoad.	11 U 352070 5626231	1083 m
033		11 U 352200 5626388	1076 m
034	Junction. Stay straight on FSRoad  Junction. Turn left NE on main FSRoad	11 U 352603 5626331	1076 m
035	Junction. Turn sharp right (South) and head up side road.	11 U 353138 5626702	993 m
036	Start of the Rocky Section. Turn left onto trail at signpost traversing east across the cut block.	11 U 353039 5626576	1005 m
037	Trail emerges from mature forest into new growth	11 U 353843 5626864	
038	Trail picks up old skid trail continuing east. Watch for rocks and roots.	11 U 353974 5626810	
039	Junction. Turn left onto FSRoad.	11 U 354273 5626899	1045 m
040	Old landing. Stay straight ahead on FSRoad. Caution: downhill. Watch for loose rock and drainage dips.	11 U 354659 5627256	1005 m
041	Junction. Turn left onto main 112 FSRoad.	11 U 354936 5627958	885 m
042	Junction. Turn right onto FSRoad heading east.	11 U 355139 5628517	814 m
043	Stay left on main FSRoad.	11 U 355483 5628359	842 m
044	Stay left on main FSRoad.	11 U 355944 5628579	811 m
045	Start of the Mica Section. Turn right onto trail at signpost.	11 U 355948 5628739	836 m
046	Viewpoint over Mara Lake	11 U 356189 5629121	
047	The Lookout. More spectacular views over Mara Lake.	11 U 356412 5629191	
048	Stay straight. Trail travels through young forest.	11 U 356494 5629423	905 m
049	Trail turns left. Continues through young forest.	11 U 356594 5629480	903 m
050	Junction with old skid road. Turn left N.	11 U 356613 5629631	903 m
051	Junction with main 112 FSRoad. Turn right.	11 U 356507 5629837	907 m
052	Stay on main 112 FSRoad to top of the Sicamous Trail.	11 U 356526 5629862	
053	Stay on main 112 FSRoad straight ahead.	11 U 357033 5630639	885 m
054	Junction with side spur. Stay on main 112 FSRoad straight E.	11 U 357448 5630698	904 m
055	Junction with side spur. Stay on main 112 FSRoad NE ahead. (Note: FSRoad to right E leads to the Hyde Mountain lookout.)	11 U 357794 5630800	880 m
056	Landing. Stay on main 112 FSRoad to right NE.	11 U 357992 5631054	
057	Junction with side spur. Stay on main 112 FSRoad straight.	11 U 358134 5631205	834 m
058	Junction. Take right spur road.	11 U 358186 5631316	830 m
059	Junction with side spur. Stay on main road ahead.	11 U 358269 5631356	826 m
060	Junction. Take right FSroad.	11 U 358486 5631694	842 m
061	Start of Sicamous Section. Turn right at Trailhead post and descend through thimbleberries.	11 U 358454 5632019	830 m
062	Viewpoint trail post. Trail continues straight ahead N. Viewpoint on right E.	11 U 358580 5632215	749 m
063	Trailhead junction with access road. Turn left to Hwy 1.	11 U 358971 5632987	456 m
064	Access road to Sicamous Trailhead at "Welcome to Sicamous" sign.	11 U 358586 5632937	422 m